

**Directions to Seabrook Executive Center  
9501 Sheridan Street, Lanham, MD 20706**

FROM DOWNTOWN DC

1. Take New York Avenue out of of DC (northeast direction)
2. New York Avenue will become a freeway and split at the edge of DC (Wash. Balt. Pkwy left and Hwy 50 right)
3. Take Highway 50 (veer RIGHT)
4. Proceed on Highway 50
5. Take the Highway 50 to I-495 Baltimore/Silver Spring exit /ramp
6. Stay on exit (collector) lane and exit on Exit 20A
7. Stay in the exit lane and proceed through light
8. Lane will curve around and under Route 450 overpass
9. At split, veer RIGHT onto Lanham-Severn Road (aka Route 564 East)
10. Stay on Lanham-Severn Road (Route 564) just past Seabrook Station Shopping Center
11. Make a LEFT turn onto Seabrook Road (at the Exxon Station)
12. Immediately on your right (behind the Exxon Station) is a two office building complex, Seabrook Executive Center, 9501 Sheridan Street
13. The main building is closest to the street side

FROM I-495 (Richmond, VA)

1. Take I-495 North
2. Take Exit 20A
3. Stay in the exit lane and proceed through light
4. Lane will curve around and under Route 450 overpass
5. At split, veer RIGHT onto Lanham-Severn Road (aka Route 564 East)
6. Stay on Lanham-Severn Road (Route 564) just past Seabrook Station Shopping Center
7. Make a LEFT turn onto Seabrook Road (at the Exxon Station)
8. Immediately on your right (behind the Exxon Station) is a two office building complex, Seabrook Executive Center, 9501 Sheridan Street
9. The main building is closest to the street side

FROM I-495 (Silver Springs, MD)

1. Take I-495 South
2. Take Exit 20B-A
3. Stay in the right LEFT turn lane
4. Turn LEFT and move to the far right lane
5. After going under overpass move one more lane to the right
6. Lane will curve around and under Route 450 overpass
7. At split, veer RIGHT onto Lanham-Severn Road (aka Route 564 East)
8. Stay on Lanham-Severn Road (Route 564) just past Seabrook Station Shopping Center
9. Make a LEFT turn onto Seabrook Road (at the Exxon Station)
10. Immediately on your right (behind the Exxon Station) is a two office building complex, Seabrook Executive Center, 9501 Sheridan Street
11. The main building is closest to the street side

FROM Baltimore

1. Take the Baltimore Washington Parkway south
2. Take the Powder Mill Road exit
3. At STOP sign turn LEFT onto Power Mill Road
4. After less than a quarter mile (at light) veer RIGHT onto Soil Conservation Road
5. On Soil Conservation Road make slight LEFT turn at next intersection (to the right is the road to the NASA Goddard facility)
6. At next intersection, stay RIGHT onto Good Luck Road
7. At Greenbelt Road (aka Route 193) turn LEFT
8. At Lanham-Severn Road (aka Route 564) veer RIGHT onto Lanham-Severn Road
9. Stay on Lanham-Severn Road for less than one mile
10. Make a RIGHT turn onto Seabrook Road (at the Exxon Station)
11. Immediately on your right (behind the Exxon Station) is a two office building complex, Seabrook Executive Center, 9501 Sheridan Street
12. The main building is closest to the street side